# Welcome to on-line training:

# "Spiritual Emergency" in the Peak State therapist's practice.

This on-line training showing the problems of Spiritual Emergency in terms of the last years discoveries of ISPS and the Peak States theory.

The main objective of the training is to develop therpist's professional competencies of helping a client in Spiritual Emergency.

As a result of the participation in the training you will enhance a knowledge and develop skills of:

- 1) Diagnosing a person in Spiritual Emergency.
- 2) Conducting SE intervention.
- 3) Choosing optimal forms of assistance and support a person in SE.
- 4) Conducting a Spiritual Emergency client in the therapeutic process.
- 5) Accompanying the client in the process of a recovery and integration of SE.
- 6) Making a self-diagnosis of your potential and competence to work with the SE client.

The detailed program can be found here http://www.peakstates.pl/SE.html

### **Organizational information:**

#### Dates:

To be determined.

**Duration:** 3 hours lessons / per day

#### Timing:

To be determined.

**Learning:** Between each week there will be a homework and in the end of the training you will get a paper Quiz with questions. You will get an individual feedback in 2 weeks after sending it back to your instructor.

Participation in the training and passing a Quiz give you allowance to get a ISPS PS 1 Certificate, if other criterias are fulfilled.

Group: up to 6 people

**Formula:** We will have guest speakers as part of the course. Grant McFetridge will join us during the course to give a short talk about SE issue from the perspective of ISPS within its discoveries and role in 2015.

Contact: Teachers to be determined.

We invite you to watch the following videos before the training:

'Waking Universe: Spiritual Emergency' with Catherine Lucas. <a href="http://www.youtube.com/watch?v=UKyRHeoc1Wc">http://www.youtube.com/watch?v=UKyRHeoc1Wc</a>

How to recognize spiritual emergence? by Dr. David Lukoff. https://www.youtube.com/watch?v=vLRod4bU2Co

Stanislav Grof: "Spiritual Crisis"

http://www.youtube.com/watch?v=OcOhZlOYnrg

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### Revisions

2.0 Oct 9, 2017: Made the course outline for more than one teacher.

1.0 May 8, 2015: First version of this course.